

*Newman Chiropractic Offices & WellQuest
Wellness Presents*

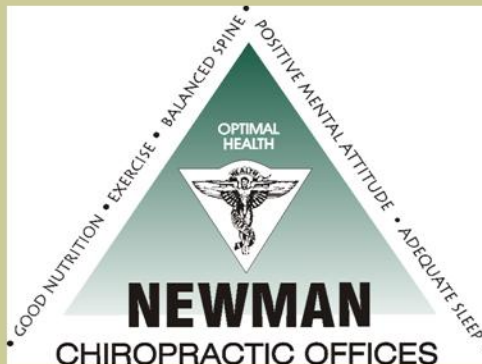
Free Seminar

*Making Permanent Weight Loss Easy:
Uncovering the myths, fads, lies, and truth.*

Tuesday
6:30 pm



**Dr. Scott Newman D.C. &
Dr. Joanne Wilson D.C.**



**2551 San Ramon
Valley Blvd. Suite 108**

*Call now to reserve your
seat!*

**Phone: (925) 838-4462
wellquestdr@aol.com**

Come in to learn:

- 1. Breakthroughs in weight loss & nutrition**
- 2. Why most weight loss programs fail**
- 3. Metabolic disorders that can derail your weight loss success**
- 4. About the Rapid Fat Loss Formula**
- 5. The new Nutritional Model**
- 6. Myths, fads, lies, and truths regarding nutrition and weight loss**
- 7. Behaviors and habits that could be sabotaging your weight loss success**
- 8. New functional exercises to maximize fat loss.**